



## South Winneshiek Recreation

### Flag Football

**Ages:** Kindergarten-4th Grade

**Dates:** September 9th, 16th, 23rd, 30th and Oct. 7th (5 total)

**Times:** K-2nd= 6pm-7pm    3rd-4th= 7pm-8pm

**Location:** Spillville ball diamond outfield

**Details:** In this program, kiddos will learn the fundamentals of football including catching, throwing, punting, kicking and other footwork. We will run drills to teach kids skills, the rules, as well as scrimmage each other

**Deadline:** Entries must be received by August 16th.

**Entry Fee:** \$25 (includes t-shirt). Make checks payable to South Winneshiek Rec. **A LATE REGISTRATION FEE OF \$15 WILL BE ADDED TO ANY ENTRY FEE RECEIVED AFTER THE ABOVE DEADLINE.**

**Send to:** Mail entries to: South Winneshiek Rec, P.O. Box 400, Calmar IA 52132 OR drop off at office (*NICC-Wilder- Room 116*)

**Questions:** Email at [swinnrec@gmail.com](mailto:swinnrec@gmail.com)

**Changes to Programming will be announced through email and Facebook**

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Name: \_\_\_\_\_ Grade: \_\_\_\_\_ **Activity: Flag Football 19'**

Phone Number: \_\_\_\_\_ Shirt Size: \_\_\_\_\_

Email: \_\_\_\_\_ *used for cancellations/announcements only*

Emergency Contact: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Check that Apply:

\_\_\_\_\_ Yes, I am willing to help coach.

\_\_\_\_\_ I grant the South Winneshiek Recreation Department permission to use pictures taken of my child during participation in programs. *Pictures will only be put on Facebook page and website.*

**Waiver Form:** I release South Winneshiek Recreation Department and volunteer coaches from all liability and hereby give my permission for the above named child to participate in Flag Football 19' and for the program's staff to refer my child, if injured, to the closest medical facility.

Parent/Guardian Name: \_\_\_\_\_ Signature: \_\_\_\_\_