



South Winneshiek Recreation

Volleyball

Ages: 2nd-6th Grade

Dates: September 3rd, 10th, 17th, 26th and October 1st (5 total)

Times: 2nd-4th Grade = 6pm-7pm 5th-6th Grade= 7pm-8pm

Location: High-School Gym

Details: In this program, kiddos will learn the fundamentals of volleyball including bumping, setting, spiking, and hitting ball. We will run drills to teach kids skills, the rules, rotations, as well as scrimmage each other.

Deadline: Entries must be received by August 16th.

Entry Fee: \$25 (includes t-shirt). Make checks payable to South Winneshiek Rec. **A LATE REGISTRATION FEE OF \$15 WILL BE ADDED TO ANY ENTRY FEE RECEIVED AFTER THE ABOVE DEADLINE.**

Send to: Mail entries to: South Winneshiek Rec, P.O. Box 400, Calmar IA 52132 OR drop off at office (*NICC-Wilder- Room 116*)

Questions: Email at swinnrec@gmail.com

Changes to Programming will be announced through email and Facebook

Name: _____ Grade: _____ **Activity: Volleyball 19'**

Phone Number: _____ Shirt Size: _____

Email: _____ *used for cancellations/announcements only*

Emergency Contact: _____ Phone Number: _____

Check that Apply:

_____ Yes, I am willing to help coach.

_____ I grant the South Winneshiek Recreation Department permission to use pictures taken of my child during participation in programs. *Pictures will only be put on Facebook page and website.*

Waiver Form: I release South Winneshiek Recreation Department and volunteer coaches from all liability and hereby give my permission for the above named child to participate in Volleyball 19' and for the program's staff to refer my child, if injured, to the closest medical facility.

Parent/Guardian Name: _____ Signature: _____